



Calgary College of Holistic Health & Clinics Inc.

MAILING ADDRESS ONLY

(For registration and information)
412 Silver Valley Rd. N.W
Calgary, Alberta, Canada T3B 4B9
Tel: (403) 288-4511
www.cchh.ca

TEACHING LOCATION ONLY

(No mail delivery)
University of Calgary, Faculty of Kinesiology
Olympic Oval and Kinesiology Complex
2500 University Drive N.W.
Calgary, Alberta

Reflexology



REFLEXOLOGY is the study of the arts and science of massaging reflex points on the feet, hands, or ears that correspond to each organ and system in the body. One of the theories of reflexology suggest that energy flows from vital organs and systems through channels in the body and terminate to form the reflex points on the feet, hands or ears. When stress, tension or congestion blocks this vital energy flow, disease occurs. By massaging these reflex points, energy channels open, the person is relaxed, and the circulation improves and, harmony and energy balance within the body is restored, and the body has the ability to heal itself.

Times & dates:

- a) **Spring Class 2010**
May 22 – June 19, 2010
5 Saturdays from 10:00am – 5:30pm
- b) **Fall Class 2010**
September 17 – November 19, 2010
10 Friday Evenings: 6:00 pm – 9:30 pm

Fee: *\$875

*With \$125 rebate: total of \$750. This special offer is only valid for Spring 2010 & Fall 2010 semesters

The Case of the Irritable Bowel

Dr. Hoffman was treating a 40-year-old, hard-driving professional man, "very skeptical and rational", for **irritable bowel syndrome**. "It's a non-specific intestinal problem that can be **really debilitating**," he says. "The man felt completely out of control and powerless in dealing with it. He'd already seen a **gastroenterologist for tests**. We assessed his digestion, tried digestive aids, even manipulated his diet and found he wasn't allergic to anything. We treated him for *Candida*, which often causes bloating and gas, and that didn't work. We worked on his style of eating. We tried stress reduction and relaxation, and that didn't take.

"Almost in desperation I said, 'Go to a reflexologist, and who knows? **Maybe that'll work.**' **And somehow it did!**"

Dr Ronald Hoffman, M.D.

Medical Director of the Hoffman Centre

REFLEXOLOGY COURSE REGISTRATION FORM

Name _____ Telephone _____ E-mail _____

Address, Postal Code, City _____

- Please register me for the following class: (circle) **Spring 2010** **Fall 2010**
- Circle one of the payment options below: **Amount Enclosed:**

1. **Registration fee only: \$150** (non-refundable) 2. **Full Payment: \$750** (includes \$150 registration fee)
- (remaining \$600 to be paid on first day of classes)

Please make certified Cheque or Money Order, (do not send cash by mail) payable to:
Calgary College of Holistic Health & Clinics Inc. Payment can also be sent by Visa or Master Card

Name on Credit Card: _____ Credit Card #: _____ Expiry: _____

Signature _____ Date _____

Calgary College of Holistic Health & Clinics Inc.

In appreciation of your support and enthusiasm in our programs, we would like to present this **gift certificate** towards your **Holistic Reflexology program**. We will deduct **\$125** off the regular \$875 reflexology course fee with this certificate.

* No cash value. Valid only for Spring 2010 & Fall 2010 semesters

\$125

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